



# BETTER TOGETHER

EVARTS *UR Well* CLINIC



ASBURY FIRST  
— UNITED METHODIST CHURCH —



On the Cover: Artist's representation of new exam room  
Above: Artist's rendering of the updated Outreach Center

## REMEMBERING THAT WE ARE BETTER TOGETHER.

In today's world, given the economic status of a large percentage of our population, the education of a medical student is greatly enhanced by their participation in the care of the uninsured/underinsured.

The UR Well Clinic at Asbury First United Methodist Church was founded in January 2009 and provides opportunities for UR School of Medicine students to deliver medical care to the homeless, the needy, and those who cannot afford medical insurance. **It is a critical component of medical student education.**

During the past decade, the services offered at the UR Well Clinic have greatly expanded, creating the need for a larger, more accessible and modernized space and equipment. Our current design and structure creates a barrier for many guests, as they end up having to choose between food, clothing, or health care on any given visit when their needs often encompass all three.



1010 East Ave—a historic building Asbury First has owned since 1943—will be the site of the future Outreach Center, a fully integrated and accessible space. This will mark a shift in our focus to a more holistic approach to caring for the needs of our guests.

We are excited about the plans for the new UR Well Clinic at 1010 East Ave and with your help, we can make this upgrade a reality to benefit patients and medical students alike.

C. McCollister "Mac" Evarts, MD

*The pandemic has shown the increased need for the services we provide, and with your help, we can make sure that 1010 East Avenue continues to be a home for our community.*

**What does our Outreach look like in action?**  
**In 2019 alone, Asbury First:**  
(Pre-Pandemic Numbers)



**CARED FOR OVER**  
**600**  
**SICK PERSONS**



## EXPANDING: OUR NEW FACILITY WILL ADD:

**URWell Clinic  
Needed Capacity**

*New Waiting Areas, Offices,  
Exam Rooms, Sinks & Services*



# HOW IT ALL BEGAN

## HONORING MAC EVARTS' CONTRIBUTION

What began as a need in our community, turned into an incredible program that continues to benefit both UR Medical Students and patients across the Rochester area. But without Mac Evarts, it might not have been.

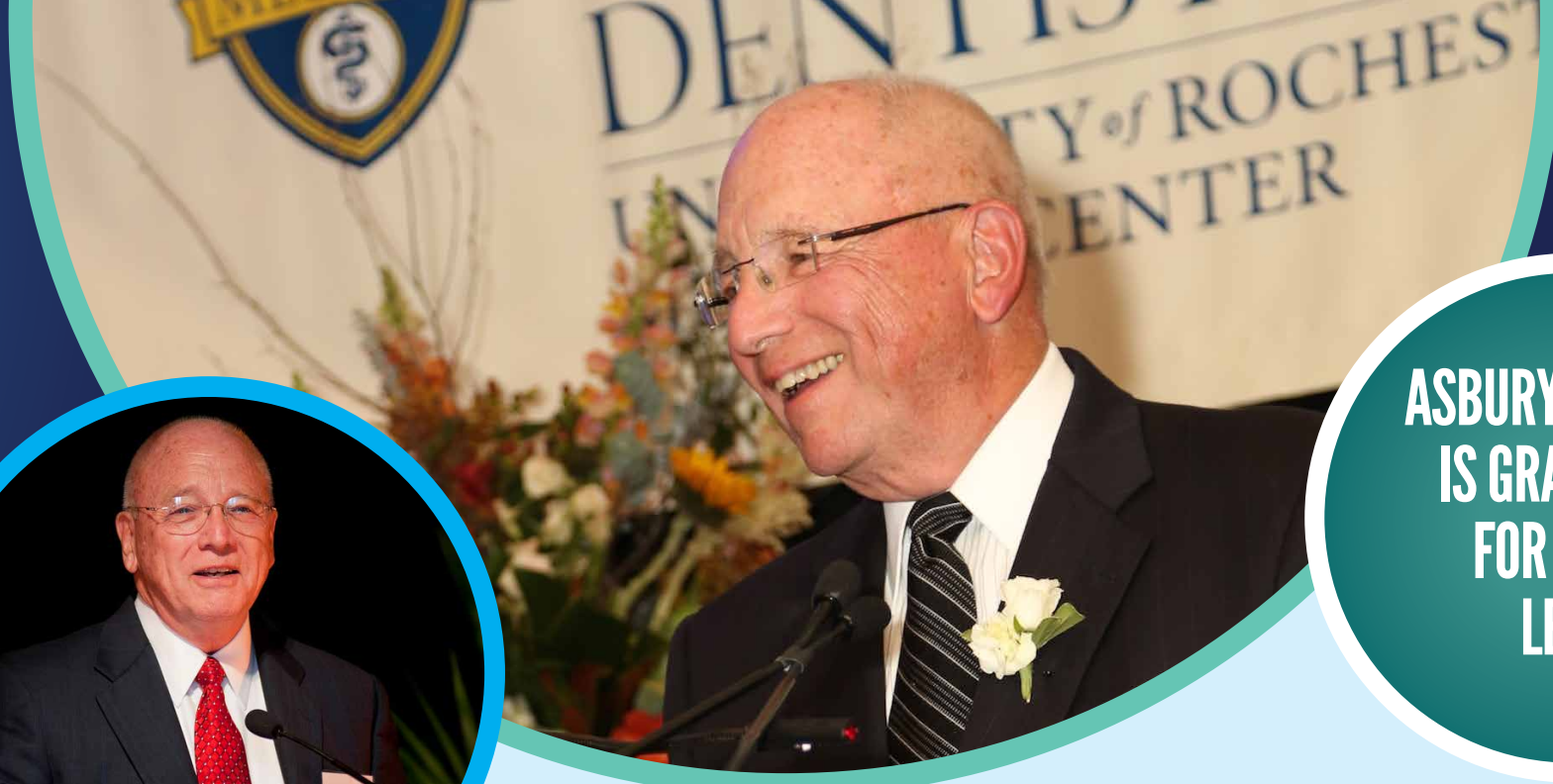
“ In 2008 a UR medical student, Robert Fulton, came to me and explained that although a free clinic existed run by medical students there was a great demand for the creation of another free clinic to serve the underserved in Rochester. At that point in time, I was a Trustee at Asbury First. It was obvious that Asbury First would be an ideal site for such a clinic.

There was initial skepticism—but space was identified, surplus equipment obtained, and supervising volunteers, nurses, and doctors identified.

*The rest is history.*

— Mac Evarts

*The UR Well Clinic at Asbury First started in 2009.*



**ASBURY FIRST IS GRATEFUL FOR MAC'S LEGACY!**

### ABOUT C. MCCOLLISTER EVARTS M.D.

Mac Evarts grew up in western New York and attended Colgate University. He earned his MD degree, completed an internship, a two year stint in the U.S. Navy, and a residency in Orthopaedic Surgery at the University of Rochester School of Medicine and Dentistry. In 1964, he joined the Cleveland Clinic where he became Chair of Orthopaedics.

Mac returned to Rochester in 1974 as the founding Chair of the Department of Orthopaedics. In 1987 Mac became the CEO, SVP for Health Affairs & Dean of the Pennsylvania State University Milton S. Hershey Medical Center. In 2003 Dr. Evarts was appointed SVP and Vice Provost for Health Affairs and CEO of the University of Rochester Medical Center and Strong Health. In 2006, in recognition of his service, he was named a Distinguished University Professor.

Mac has served as a Trustee of St. John Fisher College, a Trustee of the Colgate Rochester Crozer Divinity School where he helped establish the American Cancer Society's B. Thomas Golisano Hope Lodge Hospitality House and as a Trustee of his spiritual home, Asbury First United Methodist Church.



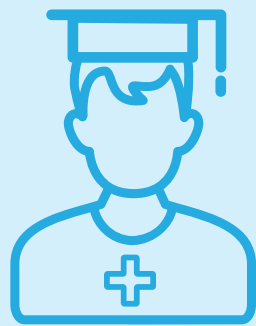
# BENEFITS FOR ALL

The UR Well program which provides the clinical care teams of student and faculty volunteers to the clinic states that its mission is: “to provide free, high quality health maintenance and preventive services to local uninsured families and individuals in an effort to foster the health of the Rochester, NY community while promoting the spirit of education, social justice, and collaboration.” Together we have witnessed the remarkable success of our shared missions at the Asbury First clinic. **In the ten plus years of the Asbury First clinic, around 1,100 medical students have volunteered and around 4,800 people have received vital services.** Our volunteers regularly fill all available appointments. Through this partnership, Asbury First and UR Well are fulfilling a growing need in our community.



## BENEFITS TO PATIENTS AND OUR COMMUNITY HOSPITALS:

- Free health services including referrals to appropriate medical providers
- Fewer potential Emergency Department visits and lower cost care delivered through appropriate triage of patient medical needs
- Convenience of evening appointments to allow uninsured working individuals and families greater flexibility
- Patient education and referrals to social service agencies

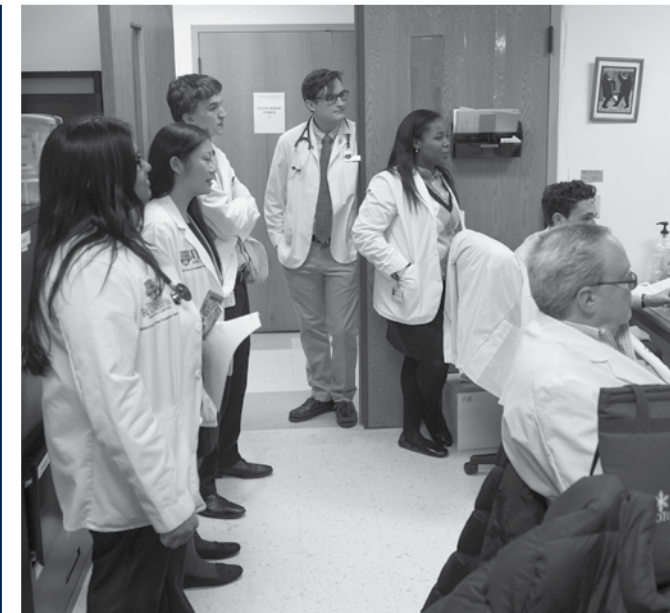


## BENEFITS TO UNIVERSITY OF ROCHESTER MEDICAL STUDENT VOLUNTEERS:

- Hands-on experience in urban primary care medicine, honing diagnostic and communication skills
- Increased awareness of health inequities and disparities by connecting with patients who are most affected
- A chance to turn interest and advocacy into action for social justice, primary care, and the underserved
- Inspiration for a lifetime of providing compassionate care for medically underserved patients



The UR Well Clinic is an integral program for medical students to gain real-world experience. Seen here are students, proctors, and volunteers from 2009—the beginning of the program's partnership with Asbury First—to the present.



## HELP US RENAME THIS PROGRAM TO THE EVARTS UR WELL CLINIC!

Renaming the clinic to the Evarts UR Well Clinic, is a wonderful way to honor such a key figure in the creation and continuation of this incredible program and service. Your donations will help us achieve this meaningful expression of gratitude for all that Mac has done to help the Rochester community.

Please visit [www.asburyfirst.org/urwellclinic](http://www.asburyfirst.org/urwellclinic) to make a pledge or donate.

# UR WELL CLINIC

## PANDEMIC RESPONSE

During the pandemic, the need for medical care and physical tests essential for getting new jobs grew. Due to operational COVID-19 restrictions, the clinic initially closed, but was able to reopen in a creative way to continue to offer physicals. Thankfully, the UR Well Clinic was able to open from August 20 through November 19 with an appointment-based system and extra precautions in place. During that time:



**40+**  
VOLUNTEER  
HOURS



**59**  
PATIENTS  
SEEN



**60** UNIQUE STUDENT  
VOLUNTEERS  
**9** PRECEPTORS  
**3** ASBURY FIRST  
VOLUNTEERS

The COVID-19 pandemic led to a temporary closure of the UR Well clinic. Through a collaborative effort, we developed COVID-19 protocols and guidelines to allow us to safely re-open the clinic.

With our smaller dedicated health team, masks, face shields and ample hand sanitizer, we are so grateful to continue to be able to provide health and social services to our community.



# TESTIMONIALS

“This is how it happened: A dream, prayers, unused older stored medical equipment, re-designated church space, a dedicated visionary, compassionate physician named Dr. Mac Evarts and a free medical clinic was born, serving the uninsured, underserved of the community, staffed by volunteered physicians and medical students and residents, and dedicated volunteered church people ... and the city and county residents are served with excellence in medical care never believed possible... a vision, a prayer and a missional thrust serving our community. It truly is an amazing, inspired vision that came to fruition through the heart and soul of a physician/surgeon/leader, Mac, whose life is lived enriching and enhancing life for others.”



**Rev. Susan Shafer**  
*Senior Minister Emerita, Asbury First*

“I feel like being a part of an organization like UR Well is extremely important for medical students to remember why they have gone to medical school and to remember it's about being there for people. Being a part of Asbury UR Well is one of those beautiful reminders of why we're doing all of this.”



**Jennifer Godbout**  
*UR Well Student Coordinator*

# CELEBRATING 10 YEARS

Thanks to an incredible partnership between Asbury First and the University of Rochester's School of Medicine & Dentistry, we have been able to offer free health care to uninsured and underserved adults throughout the Rochester area **for over 10 years**. As you may know, this clinic is staffed by UR medical students working with a doctor preceptor, fulfilling clinic hour requirements and providing care to those in need. The UR Well Clinic at Asbury First is accessible by several bus lines, and is open, on average, two nights a week throughout the year. **Each year we treat 600 patients, sometimes multiple visits per patient.**



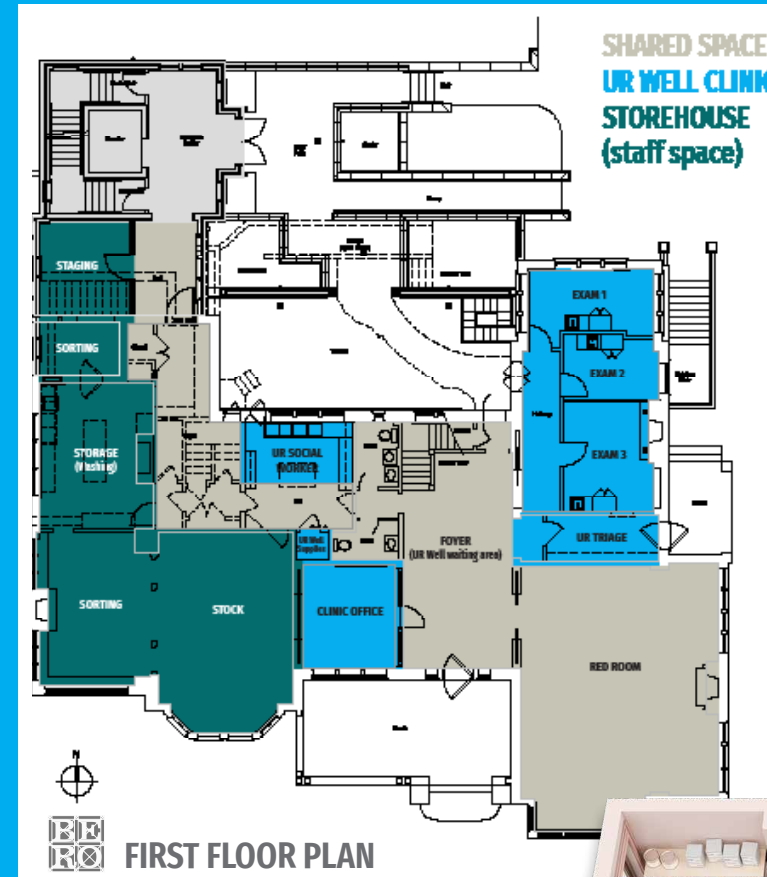
## WHO NEEDS THESE SERVICES?

- Uninsured**—We prioritize uninsured patients, as they represent the greatest need.
- Homeless**—Many patients are either homeless or in housing transition.
- Unemployed**—Patients often come needing a physical to receive a job, but don't have means to get a physical before securing the job.
- Disabled**—Many free clinics turn away patients with physical/developmental disabilities, as they don't have the capacity and/or resources to treat them. We are able to treat all patients.



## WHAT SERVICES DO WE OFFER?

- Physicals
- STI Testing
- HIV/Hepatitis C Testing
- Blood Pressure Screenings
- Urinalysis
- Blood Tests
- PPD (Tuberculosis) Testing
- Smoking Cessation Resources
- Dermatology Services
- Flu Vaccines
- Counseling with either a NYS Health Insurance representative or a Social Worker



Artist representation of new exam rooms



# TESTIMONIALS



*“Being able to help uninsured and underinsured people in the Rochester community have access to medical care was an important mission for me. As a retired nurse, I knew I could use my skills and experience to benefit this program. I feel fortunate to have led a ministry for 10 years that has touched so many lives in a positive way. As I drove home after a clinic night, I would find myself full of gratitude and hope, recognizing that each patient received holistic care and left with positive steps toward health and fullness of life.”*

**Ida Hickman**

*Coordinator for 10 Years, UR Well Clinic at Asbury First*



*“I think that it is off-putting for patients to come into the church and go all the way down into the dark basement to get their medical care in rooms that weren't necessarily designed for this sort of work. But, I think there's no question that there is an advantage to having all of these things together in a space that is designed just for that.”*

**Eli Rogers**

*UR Second-Year Medical Student*

# DENTAL SCREENING EXPANSION

For too many people, dental care is financially out of reach. Because of this, a patient without insurance and/or living in poverty is not able to prioritize oral health, which contributes to systemic health conditions that might have been prevented otherwise. Regular dental care is a vital piece of a person's health, not only for prevention of things like gum disease and tooth loss, but also infections originating with germs from the mouth. Poor oral health can contribute to cardiovascular disease, premature birth and low birth weight for pregnant woman, diabetes, and heart disease. Thankfully, it takes a small amount of effort and financial investment for a clinic like the UR Well Clinic at Asbury First to expand and offer this important service. And that is exactly our goal.

We are expanding our partnership with UR Medicine's Eastman Institute of Oral Health to include basic dental screenings and exams for patients. Our goal is that every patient would be able to receive a screening for oral health during their regular appointment. Each clinic room in our new Outreach Center would be equipped with dual functioning equipment—exam tables that convert to dental chairs, handheld x-ray machines, and more. This would allow us to assess the patient's oral health, triage dental conditions, offer basic cleanings, x-rays, extractions, and assess early indicators of other diseases and conditions. Dental work needed beyond basic screening care would be organized through Eastman Dental's Smile Mobile program.



**48% of lower-income Americans haven't seen a dentist in a year or more.**



**20% of adults earning less than \$30,000 have not visited a dentist in 5 years.**



**18% of lower-income adults have sought treatment for dental pain in an emergency room, with only 6% reporting that their problem was solved.**



**Lower-income Americans are two times more likely to have lived with an untreated cavity as have middle and high-income Americans.**

# STORIES FROM THE CLINIC

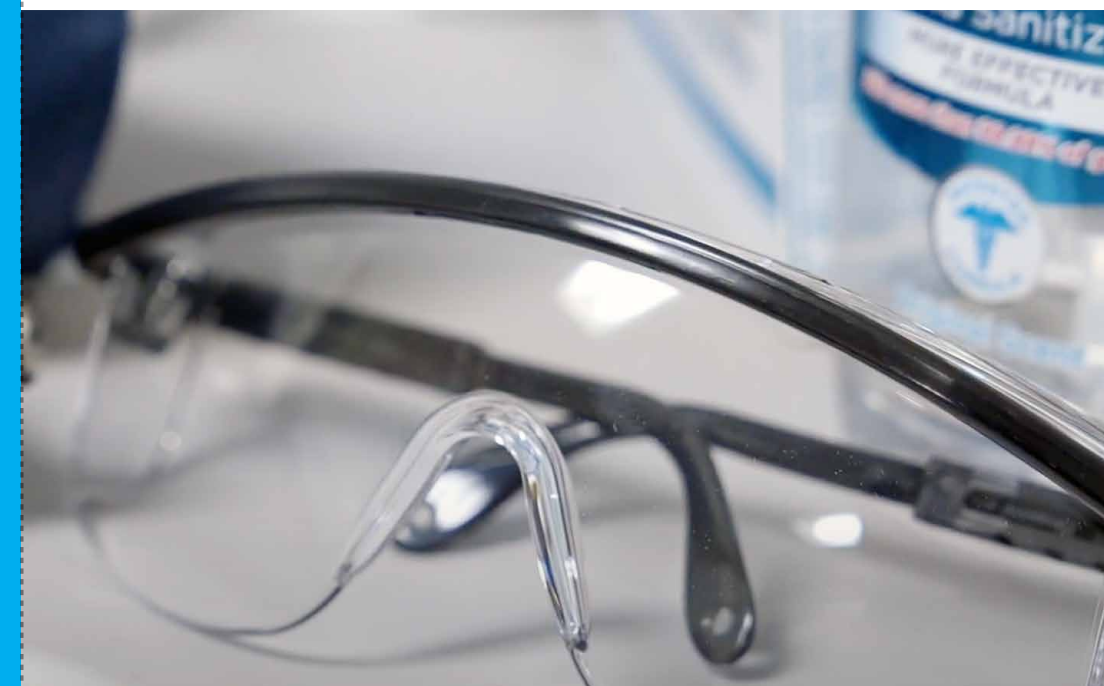
*One particular month, a gentleman came in to be seen because he was uninsured. He said he was a diabetic with heart problems, and hadn't seen a doctor in two years. He wanted to know if we could see him, and was happy when we said yes. He could not stop saying thank you and shaking our hands. After completing his physical, the social worker helped him to access health resources to manage his conditions in a proactive manner. Before he left, he came back and thanked everyone again for their help, sharing that this was the most attentive and caring medical attention he had received in some time.*



*A young woman from out-of-town came to the clinic congested and coughing, and shared that she had a sore throat. She was seen by the medical staff and was given a prescription for an antibiotic. The woman tells the medical team that she is allergic to a certain antibiotic, but she wasn't sure which one. The medical student did some investigating—calling her hometown pharmacy and got the information they needed to prescribe the appropriate medication. When she was finished seeing the medical team, the health insurance provider assisted her with getting health insurance. She also met with the social worker who assisted her with other needs, including a referral for clothing and household items she needed.*

*I'd like to thank each and every person who I met yesterday at the UR Well Clinic from the moment I entered the front door until I received health care. Specifically, I would like to thank the students from URMC for the attention and care they provided. I'm sure, being the wonderful young human beings they are, they will make fine doctors in whatever field of medicine. Last but not least, I'd like to thank the social worker volunteer for her assistance obtaining health insurance in less than two minutes. She's definitely an angel. Asbury First, URMC, and the people I've met associated with it are just wonderful to me.*

**Louise**  
UR Well Clinic patient





# BETTER TOGETHER

## EVARTS *UR Well* CLINIC

### PLEDGE CARD

Please accept this pledge to the UR Well Clinic capital project

\$

- One gift to be expected at this date: \_\_\_\_\_
- Weekly gift of \$ \_\_\_\_\_ for \_\_\_\_\_ year(s)
- Monthly gift of \$ \_\_\_\_\_ for \_\_\_\_\_ year(s)
- Yearly gift of \$ \_\_\_\_\_ for \_\_\_\_\_ year(s)
- Other: \_\_\_\_\_

NAME(S)

ADDRESS

EMAIL

PHONE

I would like to be contacted regarding my estate plans

THANK YOU FOR YOUR  
GENEROSITY!

\$250,000  
UR WELL GOAL

\$1,000,000  
NEEDED TO  
REACH OUR GOAL

\$3.5 MILLION RAISED TO DATE

